

Benburb FC – First Aid risk assessment (including match day).

Activity	Hazard identified	Control Measure	Risk Rating	Improvement needed
Room access for Training/Match Day and general first aid needs.	Privacy and easy access for medical staff/first aiders.	<p>Medical Room to be used when not in private use. During match days the room should be accessed via the external door in the first instance.</p> <p>The room should include the use of a suitable medical couch or portable couch for player/first aid use.</p> <p>Alternative use of private changing room is available where needed. Accessible depending on room used.</p>	Low	
Player preparation	Player requiring treatment or preparation for training or match day.	<p>Medical Room to be used when not in private use. Alternative use of private changing room is available where needed.</p> <p>No members of the public permitted access unless they are attending for the wellbeing of the player or member of the public where applicable.</p>	Low	
Treatment equipment (inclusive of first aid bag/kit)	<p>Ultrasound equipment for treatment of injuries.</p> <p>First aid kit.</p>	<p>Used by qualified Sports Therapist/Physio or other medically trained staff with electro therapy training.</p> <p>The equipment contained within the kit bag is the responsibility of the on call First Aider/Sports Therapist or Physio. Any items used to be replaced as soon as practically possible.</p>	<p>Low</p> <p>Low</p>	

	Defib access and use.	<p>A second refill kit can be made available to ensure that a small stock of items is carried to away games.</p> <p>Players are requested not to remove items without the knowledge of person responsible for the bag.</p> <p>There is 1 defibs available during the match day period. One located at reception and the other under the control of the pitch side First Aider/Sports Therapist/Physio – This is kept in the kit room with the first aid kit when not required for match day or training.</p> <p>The defibs can be used by anyone, either under the guidance of person in command or via the voice prompts.</p> <p>If the defib is used, then the items must be replaced as a matter of urgency. The person in command has the responsibility for this.</p>	Low/Medium	Appropriate instructions followed by non-trained person.
Medical attention	<p>Spectators and staff may suffer from a medical emergency when in attendance.</p> <p>(Inclusive of visiting team).</p>	<p>Suitably qualified First aider/Sport Therapist/Physio to be in attendance for match day /training.</p> <p>Appropriate action to be taken where minor incident occurs. Ideally more than 2 qualified members of staff should be available to ensure on field injury first aid is not detracted.</p>	<p>Low</p> <p>Low</p>	

		<p>In the event of opposition not having a suitably named person for their team/staff. They must make this known as soon as possible after their arrival, to allow any additional support to be prepared.</p> <p>The home team First aider/Sports Therapist/Physio to assume control for those needing assistance/attending the match day pitch only.</p> <p>Facility team to assume control for those out with grounds of the pitch where required.</p>	<p>Low/Medium</p> <p>Low</p>	<p>Member of opposition team (Coach etc) to attend on field assessment.</p>
<p>Medical Emergency (On Field)</p>	<p>Injury sustained during play</p>	<p>Due to the nature of activity, physical injuries may occur without warning. These include injuries to lower, upper limbs and spinal or head injury.</p> <p>If the player can be treated and resume play safely, then on field assessment should be carried out.</p> <p>If the player cannot continue play, removal from the playing area should be carried out with further assessment or treatment being administered at the "dugout" area or medical room.</p> <p>Where serious injury occurs, the player should be made stable before attempting to remove from the field of play. This includes but not exclusive to head injury, possible fractures, life threatening incidents.</p>	<p>Medium</p> <p>Medium / Moderate</p>	<p>Incident within context of game. Match officials have control; however, these are generally spontaneous events.</p> <p>Incident within context of game. Match officials have control; however, these are generally spontaneous events. Risk relative to severity of incident.</p>

		<p>This may require a temporary suspension of the game to allow First aider/Sports Therapist/Physio to assume control and apply the necessary action to be carried out.</p> <p>Only if trained to do so, the use of a stretcher can be undertaken. This is located at the reception area of the facility. Persons will then be transferred to medical room or the alternative room.</p> <p>In most of these cases the requirement for medical staff will be actioned or advised for the person to attend the nearest hospital (Queen Elizabeth) for assessment.</p>		
Medical Emergency (Off field/spectators)	Injury sustained away from field of play	<p>Where serious injury occurs, the person should be made stable before attempting to remove from the pitch side area. However, in the event of structural failure, the area should be evacuated as safely as possible. Further emergency assistance maybe required and called accordingly.</p> <p>This includes but not exclusive to head injury, possible fractures, life threatening incidents.</p> <p>Depending on the nature of the incident then it will be up to the match officials if the game can continue or if play needs to be suspended to allow the situation to be dealt with.</p>	Low	
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Risk Assessment carried out by – Greg Hastie (Sports Therapist/First Aider).

Checked by – Paul Lovering.

Date carried out – 10/01/2022

Review date – 10/01/2023